



INFORMATION PACKET

Welcome

I am so excited that you are considering enrolling in our Play Academy! This program was created to increase child therapists in our communities and to ease the path towards a play therapist credential with the Association for Play Therapy. This packet contains detailed information about our program but if you have questions, please don't hesitate to reach out to me! I hope to see you in a training really soon!

Maria


ABOUT


A self-described geek, Maria Laquerre-Diego is a CEO and Owner who is committed to increasing access to mental health services and breaking down the stigma surrounding therapy services. As a therapist turned CEO, Maria has developed a unique perspective when it comes to mental health and the barriers surrounding mental health treatment. Maria has turned her dedication to giving back and supporting future generations of therapists - currently focused on play therapy for adults and children. In addition to supporting mental health providers, Maria takes an active role in addressing the continued stigma of mental health services through the use of pop culture – everything from movies and television shows to superheroes and Disney characters. Maria is always happy to talk about Star Wars, Marvel and mental health and can be contacted through her non-profit website www.anewhopeacademy.org




LET'S CONNECT!

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01

Overview



01

OUR PROGRAM

This program is designed specifically and intentionally to meet the requirements to obtain the Registered Play Therapist™ credential from the Association for Play Therapy™ in the span of two years. Participants will be provided monthly trainings and supervision with a Registered Play Therapist-Supervisor™, in addition to group supervision every four months to collaborate with your cohort as you progress throughout the program.

02

FACULTY

Our faculty consists of Registered Play Therapists™ and Registered Play Therapist-Supervisors™ who are passionate about Play Therapy and supporting therapists in this process. A New Hope Therapy Center is an Approved Provider for the Association for Play Therapy™ (APT) - Approved Provider 20-631 and Maria LaquerreDiego is an Approved Provider for the NM Counseling and Therapy Practice Board CCE020981.

03

ELIGIBILITY

This program is open to professionals in the mental health field including psychologists, counselors, social workers, therapists as well as graduate students in clinical programs. APT™ does require you to hold an independent clinical license in your state in order to obtain the credential. Because play therapy education and supervision are good for up to 10 years, graduate level students can enroll in our program and apply for credentialing upon receiving their independent license.

04

SCHEDULE

This program is divided into three phases, as outlined by the Association for Play Therapy™. Each phase is 8 months long and includes the following:

- Specifically selected trainings throughout the 8 months, chosen to satisfy the category and method of training requirements set by APT™
- 1 hour of supervision/consultation with an RPT-S™ per month (*consultation is offered for fully licensed clinicians)
- 1.5 hours of group supervision every 4 months with an RPT-S™
- 2 hours of consultation with Maria to review your specific progress and needs
- Guided support throughout the credentialing process, including a specially developed spreadsheet to track your progress

The trainings have been designed to meet the requirements of each phase as established by the Association for Play Therapy™. We've taken all of the guess work out of the credentialing process for you!

05

PRICING

Each 8 month phase is priced at \$2699 which includes everything listed above. Monthly payment plans are available. Discounted rate available if program is paid in full.

02

Why Play Therapy?



PER THE ASSOCIATION FOR PLAY THERAPY™

Child play therapy is a way of being with the child that honors their unique developmental level and looks for ways of helping in the “language” of the child – play. Licensed mental health professionals therapeutically use play to help their clients, most often children ages three to 12 years, to better express themselves and resolve their problems.

Play therapy works best when a safe relationship is created between the therapist and client, one in which the latter may freely and naturally express both what pleases and bothers them.

Mental health agencies, schools, hospitals, and private practitioners have utilized play therapy as a primary intervention or as supportive therapy for:

- Behavioral problems, such as anger management, grief and loss, divorce and abandonment, and crisis and trauma.
- Behavioral disorders, such as anxiety, depression, attention deficit hyperactivity (ADHD), autism or pervasive developmental, academic and social developmental, physical and learning disabilities, and conduct disorders.

Research suggests play therapy is an effective mental health approach, regardless of age, gender, or the nature of the problem, and works best when a parent, family member, or caretaker is actively involved in the treatment process.

PER OUR THERAPISTS

Play is communication

"When we understand that children communicate through play, we are better able to listen and support their healing and growth."

Play is ageless

"Play is growth, play is learning, and play is fun. And you are never too old to play."

Play is kind

"Play makes the hard things a little easier to deal with."

Play is being heard

"Play gives everyone a voice and a way of understanding them when others can not!"

Play is universal

"All children play!"

WHEN WE DON'T HAVE THE WORDS OR THE WORDS ARE TOO HARD, PLAY IS THERE - AND PLAY THERAPISTS ARE LISTENING AND HELPING, EVEN WHEN WORDS FAIL.

03

RPT™ Credential



COST FOR TRADITIONAL PATH

Cost of Trainings

Most one day trainings in play therapy range from \$150-\$350. This does not include any travel expenses to meet the APT™ requirements of at least 75 CE hours to be done in person. New Mexico has limited in person options, so we have designed the trainings needed for the credential - so you don't have to go further than Las Cruces and Albuquerque!

Cost of Supervision

In a recent poll of Registered Play Therapist Supervisors™, it was reported that an hour of supervision ranges from \$130-200. In our community there are very few RPT-S™, so our program has contracted with some of the best in the country!

Frustration Free

Maria has designed this program to meet these requirements while removing the stress and frustration of understanding and navigating the intense credentialing process with APT™.

INVESTMENT

If we look at an average cost for each piece:

Trainings: 150 @ \$30/CE hour= \$4,500

Supervision: 35 @ \$150/hour = \$5,250

Total: \$9,750 (not including travel expenses)

APT

The Association for Play Therapy™ offers the Registered Play Therapist™ credential and our program is designed to meet their requirements.

APT REQUIREMENTS

The credentialing process for the Association for Play Therapy™ is done in three phases and is completed in no less than 2 years and no more than 7 years.

The certification process requires:

- hours 150 CEs in play therapy education
 - at least 75 CEs must be obtained in person (instructor is in the room with you)
 - no more than 75 CEs can be obtained through live webinars (instructor is live on Zoom)
 - no more than 40 CEs can be obtained through non-contact trainings (recorded trainings, book tests, etc.)
- 35 hours of supervision with a Registered Play Therapist Supervisor™ (RPT-S™) that happens concurrently with your education and clinical hours
 - 5 Video Observations with your supervisor throughout the two years
- 350 direct client contact hours utilizing play therapy foundations and techniques under the supervision of your assigned RPT-S™

04

3 Phases



PHASES:

Our program is developed to match the phase requirement from APT™ and as such offers 3 phases, with each phase being 8 months long.

EACH PHASE INCLUDES:

- Intentionally selected trainings specifically designed to meet credentialing requirements
 - Most are scheduled around LCPS school breaks
 - April trainings will be the NMAPT Conference in ABQ (at no additional cost to you, other than travel and lodging)
 - In person trainings will occur at our Las Cruces office
- 1 Hour of Supervision/Consultation with your assigned RPT-S™ per month
- 2 Sessions of Group Supervision
- 2 Hours of Professional Consultation
- A clear tracking guide to map out your progress towards credentialing

INVESTMENT AND TIMELINE

Each Phase: \$2,699, 8 months

Full Credential Program: \$8,097, 2 years

Does not include travel expenses to Las Cruces or Albuquerque.

DON'T NEED THE FULL PROGRAM?

Already have some Play Therapy CEs?

Maria is happy to offer consultation prior to registering for our play therapy training program, to assess your already obtained CEs and map out what you need to complete the credentialing process.

Not in NM/Can't make our live trainings?

We are so excited to offer this to our NM communities, as we see the desperate need for play therapists growing. We also understand that this is not a unique problem to NM. If you are interested but unable to attend our live trainings, please reach out to Maria to discuss options for a discount towards a bundle of live webinar trainings and/or supervision packages.

Just need consultation?

The requirements and credentialing process are overwhelming! Do you just need someone to review your education and hours? Would you like a map to your finish line just drafted for you? Maria's your person! Maria offers consultation specifically for this at \$75/hour and if you decide to sign up for any of our trainings after your consultation, you will receive a 15% discount on your registration fees.

MARIA@NEWHOPEACADEMY.ORG

05

Testimonials



"I appreciated how generous Maria was in sharing her forms and tools. As a new play therapist, I found the content extremely helpful and gave me lots of ideas about how to set up myself and my caseload of clients up for success."

INTRO TO PLAY THERAPY



"The hands on interventions were creative and easily understood. They were insightful and could be used for any treatment population dynamic. This training was immensely entertaining, relevant and useful. I definitely hope we ask you for future out of the box trainings!"

VILLAINS IN PLAY THERAPY



"I really appreciated the way Maria offered ways to address incidentals that cannot be regimented but easily develop interventions to address those incidentals as closing a session when patient's emotions are high by using grounding techniques and containment."

TRAUMA NARRATIVES USING PLAY THERAPY

"Maria trainings have always been a must! She is so interactive and playful, and just shows her genuine, kind spirited personality. You will leave her trainings learning so much, feeling empowered and ready to apply new techniques to your practice. My favorite thing about her trainings is after every training I have attended she really focuses on building a support system, and is always first to volunteer to be our cheerleader, pep coach or motivator! "

SITH CONFERENCE

06

Let's Play!



READY TO REGISTER?

We've placed all of this information and more online at www.anewhopeacademy.org/play-academy.

- Be sure to check the dates of the trainings for the current phase as you must attend all courses as scheduled.
- Take a look at our supervisors and see who might be a good fit for your interests and experience.
- Review our cancellation and refund policy.
- Reach out to Maria with any questions!
- Sign Up!

JUST NEED A TRAINING OR TWO?

Be sure to keep in touch with us to find out about upcoming training opportunities!

- You can sign up for our newsletter at www.anewhopetc.org/clinicians
- You can find our trainings at www.anewhopetc.org/workshops

NOT SURE WHAT YOU NEED?

Email Maria to set up your consultation to review your progress and create a clear plan towards credentialing with APT™.



I would love to support you in your journey into the incredible world of play therapy! Let me know how I could help!

MARIA@ANEWHOPEACADEMY.ORG